

Matthew 6:25-27

Worry is the worst way to deal with the weather of the times. We, as Christians, must learn to turn to God in our times of stress, and we should not fret ourselves over our problems or lack.

Introduction: I need to take these words to heart.

I. What Are We Worried About?

1. Are we worried about the basics necessities life?
 - A safe environment, Food, and Clothing are the Basic necessities of life
 - Do we need more than the basics in order to be content?
2. There is more to life that the basics.
 - If we are constantly worrying about the basics, then we will miss out on the abundant life that Jesus offers.
 - If we are constantly worrying about more than the basics, then we will not experience the peace that Jesus offers.

II. Why are we worried?

1. God takes care of animals and vegetation
 - The birds have enough to eat.
 - The lilies of the field are clothed beautifully.
2. God will take care of us.
 - The birds do not work a job, but are fed
 - The lilies are short live, but God took the time to beautifully clothe them
 - If God would be this concerned about the birds and lilies, then how much more concerned is he about us?
 - Will not God take care of our basic needs?
 - God knows what we need before the need arises.
3. Worrying does not help
 - We can not change the situation for the good by worrying.
 - Often worrying makes the situation worse.
 - We get sicker, more irritable, and less likely to think clearly

III. What Should we focus on?

1. Our focus should be on eternal life
2. Don't worry about tomorrow.
 - Tomorrow may never get here
 - Tomorrow may not happen like how we are worried it will.
 - We have enough issue today to deal with.
 - If we worry about tomorrow's potential problems then we might not deal with the issues of today.

Acts 9:11-16

11 And the Lord said to him, "Rise and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul, for behold, he is praying, 12 and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight." 13 But Ananias

answered, "Lord, I have heard from many about this man, how much evil he has done to your saints at Jerusalem. 14 And here he has authority from the chief priests to bind all who call on your name." 15 But the Lord said to him, "Go, for he is a chosen instrument of mine to carry my name before the Gentiles and kings and the children of Israel.

The story of Daniel in the lions' den (chapter 6 in the [Book of Daniel](#)) tells how [Daniel](#) is raised to high office by his royal master [Darius the Mede](#), but jealous rivals trick Darius into issuing a decree which condemns Daniel to death. Hoping for Daniel's deliverance, but unable to save him, the king has him cast into the pit of lions. At daybreak he hurries back, asking if God had saved his friend. Daniel replies that God had sent an angel to close the jaws of the lions, "because I was found blameless before him." The king has those who had conspired against Daniel, and their wives and children, thrown to the lions in his place, and commands to all the people of the whole world to "tremble and fear before the God of Daniel".[3]

The disciples allowed Fear to seat in and they went and hid them selves but the Spice Girls was going to the tomb but on the way worried about how the would roll the stone away.... God when head of them and sent an angel to roll the stone away Duet. 31:8 It is the LORD who goes before you. He will be with you; he will not leave you or forsake you. Do not fear or be dismayed."

Mark 16:1-8

sometimes, when life disappoints our expectations we find ourselves hiding from the very places that we came to looking for God, they, "...fled from the tomb, for trembling and astonishment had seized them, and they said nothing to anyone, for they were afraid".,

Conclusion Ask, Seek, and Knock.

- If you have a need, don't worry, but ask God
- We try to give our children good things, why would God deny us anything good when we ask?